

## 海外技能実習生履歴書 Resume

## 経験職 Experience work

|   |            |   |            |   |              |   |             |   |               |   |           |   |            |   |              |
|---|------------|---|------------|---|--------------|---|-------------|---|---------------|---|-----------|---|------------|---|--------------|
| ★ | 溶接/Welding | ☆ | 左官/Plaster | ★ | 大工/Carpenter | ☆ | 内装/Interior | ★ | 電気/Electrical | ☆ | 配管/Piping | ☆ | 防水/W-proof | ☆ | 土木/Civil Eng |
|---|------------|---|------------|---|--------------|---|-------------|---|---------------|---|-----------|---|------------|---|--------------|

|                                                                             |                                                                                                                                                                                                              |                                               |                                                                                                                         |                                                                     |                                                                     |
|-----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------|
| 氏名<br>Name                                                                  | Family name<br>AÑASCO                                                                                                                                                                                        | Given name<br>JOHN MICHAEL                    | Middle name<br>SARMENTA                                                                                                 |                                                                     |                                                                     |
| 生年月日<br>Date of birth                                                       | 1993 年 9 月 21 日<br>year month day                                                                                                                                                                            | 年齢<br>Age                                     | 28 才<br>old                                                                                                             |                                                                     |                                                                     |
| 住所<br>Address                                                               | BRGY. CALAWAGAN, CABANATUAN CITY, NUEVA ECIJA                                                                                                                                                                |                                               | 携帯電話<br>Mobile phone                                                                                                    | 9531750748                                                          |                                                                     |
| Messenger's account name                                                    | JOHN SARMENTA AÑASCO                                                                                                                                                                                         |                                               |                                                                                                                         |                                                                     |                                                                     |
| 婚姻<br>Marriage                                                              | <input type="checkbox"/> Married <input checked="" type="checkbox"/> Single                                                                                                                                  | 血液型<br>Blood type                             | <input type="checkbox"/> A <input checked="" type="checkbox"/> B <input type="checkbox"/> AB <input type="checkbox"/> O |                                                                     |                                                                     |
| 身長<br>Height                                                                | 172 cm                                                                                                                                                                                                       | 体重<br>Weight                                  | 65 kg                                                                                                                   | 喫煙<br>Smoke?                                                        | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No |
| 飲酒<br>Alcohol?                                                              | <input type="checkbox"/> Every day <input checked="" type="checkbox"/> Some time <input type="checkbox"/> Never                                                                                              |                                               | 入墨<br>Tattoo?                                                                                                           | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No |                                                                     |
| 得意科目<br>Favorite subject                                                    | FILIPINO                                                                                                                                                                                                     |                                               | 趣味<br>Hobby                                                                                                             | PLAYING BASKETBALL                                                  |                                                                     |
| 自己性格判断<br>Personality analysis                                              | <input type="checkbox"/> 真面目<br>Serious <input type="checkbox"/> 陽気<br>Hilarious <input checked="" type="checkbox"/> 内気<br>Shy <input type="checkbox"/> 頑固<br>Stubborn <input type="checkbox"/> その他<br>Other |                                               |                                                                                                                         |                                                                     |                                                                     |
| 病歴<br>Medical history                                                       | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No ※具体的な病名を書いて下さい<br>Please write down the specific disease name ( )                                                                        |                                               |                                                                                                                         |                                                                     |                                                                     |
| 個人年間所得<br>Personal income a year                                            | 現状<br>current situation                                                                                                                                                                                      | 120,000 ペソ<br>peso                            | 希望<br>Expected income                                                                                                   | 480,000 ペソ<br>peso                                                  |                                                                     |
| 志望動機<br>Motivation for applying                                             | TO HELP MY FAMILY TO THEIR FINANCIAL NEEDED AND TO SAVED FOR MY FUTURE                                                                                                                                       |                                               |                                                                                                                         |                                                                     |                                                                     |
| 3年後の目標貯金額<br>How much money do you want to save for 3years                  | 1,200,000 ペソ<br>peso                                                                                                                                                                                         |                                               | N/A                                                                                                                     | 円<br>yen                                                            |                                                                     |
| 日本の在留資格の申請をしたことがありますか<br>Have you applied for any resident status in Japan? | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No                                                                                                                                          | ※具体的な申請内容<br>Specific application content ( ) |                                                                                                                         |                                                                     |                                                                     |
| 日本に家族・親戚・友人はいますか？<br>Do you have any relatives or friend in Japan?          | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No                                                                                                                                          | ※具体的には誰ですか？<br>Write who they are ( )         |                                                                                                                         |                                                                     |                                                                     |
| 帰国後どんな仕事をしたいですか？<br>What kind of job do you want to get after return home?  | BUSINESS/SELLER OF PARTS OF MOTORCYCLE                                                                                                                                                                       |                                               |                                                                                                                         |                                                                     |                                                                     |



## 学歴 educational qualification

|                                   |                                   |                              |           |
|-----------------------------------|-----------------------------------|------------------------------|-----------|
| 高校名<br>high school name           | EASTERN CABU NATIONAL HIGH SCHOOL | 卒業年月<br>graduated year/month | 2009-2010 |
| 短大・大学名<br>college/university name | ARAUULLO UNIVERSITY               | 卒業年月<br>graduated year/month | UNDERGRAD |

## 職歴 work experience

|                         |                                     |                         |                    |                              |           |
|-------------------------|-------------------------------------|-------------------------|--------------------|------------------------------|-----------|
| 会社名①<br>name of company | ALL AROUND SERVICES & MERCHANDISING | 仕事内容<br>job description | WAREHOUSE MAN      | 退職日<br>retirement year/month | 2020 JAN  |
| 会社名②<br>name of company | MECHANICAL DYNAMIC INC.             | 仕事内容<br>job description | ELECTRICIAN/HELPER | 退職日<br>retirement year/month | 2015 JUNE |

## 家族構成 family structure

| 名前<br>name      | 続柄<br>relationship | 年齢<br>age | 職業<br>occupation | 同居又は別居<br>live together or separate |
|-----------------|--------------------|-----------|------------------|-------------------------------------|
| REYNALDO AÑASCO | FATHER             | 56        | DRIVER           | LIVE TOGETHER                       |
| CECILIA AÑASCO  | MOTHER             | 54        | VENDOR           | LIVE TOGETHER                       |
| JERICO AÑASCO   | BROTHER            | 21        | STUDENT          | LIVE TOGETHER                       |
|                 |                    |           |                  |                                     |
|                 |                    |           |                  |                                     |
|                 |                    |           |                  |                                     |

|                                       |                        |                |
|---------------------------------------|------------------------|----------------|
| 貴方の紹介者は誰ですか？<br>Who is your referral? | 紹介者<br>Referral person | GERALD TIANGCO |
|---------------------------------------|------------------------|----------------|